

# PLYMOUTH TOWNSHIP

FALL 2014

MONTGOMERY COUNTY, PA

## *Tidings*



### HARRIET WETHERILL PARK BUTTERFLY GARDEN CARE DAYS OCTOBER 11 • 9:00 a.m. to 11:00 a.m.



### Harriet Wetherill Park Fall Event Weekend October 17 - 19

*see pages 17 and 18 for additional information and a list of programs offered*

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## HARRIET WETHERILL PARK - MOVING TOWARD OUR GOALS

If you haven't visited Harriet Wetherill Park yet, autumn is the perfect time to bring the family and walk the trails, have a picnic, learn about nature, and join in the many programs being offered. Our nature-themed park consists 66 acres of picturesque landscape that is permanently protected to provide recreation and environmental education to people of all ages.

The Township has been very successful with past grants that assisted with the purchase, planning and development of the park. Currently the park offers trails, a picnic area, a butterfly garden, interpretive signage, family programs and much more. We are excited to be moving forward with additional improvements through our most recent Act 13 grant from the Commonwealth Financing Authority to include a new entrance to the park from Butler Pike which will allow easy access, additional parking for larger vehicles including buses, and additional trails to connect to the current trail system to areas closer to Butler Pike. Anticipated completion date is early next summer.

The Township is seeking additional funding through the Commonwealth Financing Authority and DCNR for outdoor restrooms, a pavilion, a nature themed playground and the initial phases of the environmental education center. Recent removal of the main house and carriage house, which were non-compliant for public use, will prepare us for this next phase. Applications have been submitted and we anticipate a decision by the end of the year. It is our hope that additional grant funding and our matching funds will enable the Township to gradually phase in a full Nature Center and bring environmental education to students and the community through various educational means, volunteerism and stewardship.

We are very pleased and honored with the amount of support we have received from legislators, local funding sources and Plymouth Township Council. This support helps to make our grant submissions attractive. We are fortunate to have received so much funding assistance.

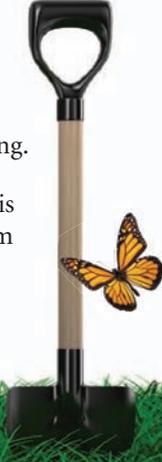
**JOIN US ON SATURDAY, OCTOBER 11**  
**9:00 a.m. to 11:00 a.m.**

We will be working on different projects around the Butterfly Garden including mulching, weeding and pruning.

Partnerships and active friends' groups are developing this year beginning with the Butterfly Garden Tender program where several volunteers have already committed to maintain the garden.

**INDIVIDUALS AND ORGANIZATIONS WELCOME!**

Please RSVP to Joanna Sharapan at 610-313-8681 or [jsharapan@PlymouthTownship.org](mailto:jsharapan@PlymouthTownship.org)



**Come out this fall for Campfire Storyteller, Mystery Madness and the popular Hayride and Pumpkin Pick.**



**WE HOPE TO SEE YOU AND YOUR FAMILY ENJOYING THE PARK.**

## FEASIBILITY STUDY FOR THE CROSS COUNTY TRAIL PUBLIC MEETING/WORKSHOP

Date: October 7, 2014

Time: 7:00 -9:00 p.m.

Location: Greater Plymouth Community Center, 2910 Jolly Road, Plymouth Meeting, PA – Room A

Local residents from Plymouth Township, Whitmarsh Township, and surrounding communities will have an opportunity on Tuesday evening, October 7, 2014 to learn more about the Cross County Trail Feasibility Study, a trail project to identify a multi-use pathway to fill a gap on the Cross County Trail between Germantown Pike and Joshua Road. The trail would ideally connect with the completed portion of the trail at Germantown Pike, and the planned portion of the trail extending eastwards from Joshua Road.

Area residents, bicyclists, walkers, nature lovers, and outdoor enthusiasts are invited to participate in an evening workshop and express their ideas for the project.

Plymouth Township joined with Montgomery County to conduct a study to determine the feasibility of continuing the Cross County Trail from its current end point at Germantown Pike and Chemical

Road in Plymouth Township into Whitmarsh Township. With funding provided by a PECO Green Region grant and Township funds, Plymouth Township has contracted with Campbell Thomas & Company of Philadelphia, PA to conduct the study. Traffic Planning and Design, Inc. is serving as part of the Campbell Thomas & Co. team.

Participants can stop in at any time during the workshop to share their ideas. Maps and a questionnaire will be provided to facilitate the process. Representatives of Montgomery County, Plymouth and Whitmarsh Townships, the Study Committee, and the Consulting Team will be available to receive your input and questions.



# Harmonville Fire Company



Greetings from the officers and members of the Harmonville Fire Company No. 1. We have been proudly serving and protecting the Plymouth Township Community 24 hours a day, 7 days a week since 1924. We have two firehouses – the main station is located at 2100 Butler Pike and our substation is located at 904 Germantown Pike. We are ready to respond at a moment's notice. Being a volunteer organization, we are always in need of new members. If firefighting is not for you, we are also in need of fire police officers who provide traffic/scene control as well as administrative officers. Anyone interested in joining a great volunteer organization is encouraged to stop by either one of our stations during the day, Monday through Friday, or on any Monday night, which is our training night, and one of our members will be happy to assist you!



Our annual fund drive mailing went out to all residents and businesses in July. We thank those who supported us with an annual donation. For those who have not donated, please reconsider and help support our volunteer Fire Company.

For the first half of 2014, our members have responded to 271 emergency calls for service, attended 41 training sessions between our Monday night drills as well as at other locations and have attended 64 special services, including meetings, fundraisers and fire prevention activities.

Every year, the Fire Company is involved in numerous events in Plymouth Township. Some of the events are Plymouth Township Day, annual school drills during Fire Prevention Week, and fire prevention demonstrations at the summer camps.

The members also hold fundraisers throughout the year, such as our annual Easter flower sale, car washes & a flea market. Members will also hold a hoagie sale toward the end of September and our annual Christmas tree sale, which is scheduled to start on Saturday, November 29, 2014. Along with selling the trees, we will also sell freshly made wreaths and sprays.

## PLYMOUTH COMMUNITY AMBULANCE

Plymouth Community Ambulance Association's healthcare providers deliver evidence based, quality controlled Emergency Medical Service to the residents and guests of the Plymouth Township community. When 911 is activated, a well-orchestrated chain of events takes place and the result is professional help at your side in minutes during times of crisis.



In order to maintain this state of readiness, our emergency medical technicians and paramedics undergo recurrent physician level educational lectures and hands-on training drills. A quality management program operates behind the scenes where a committee performs quality assurance administration on 100% of patient / provider interactions, followed by continuous quality improvement training based on the clinical information learned. Our care is complimented by state-of-the-art equipment so that providers have the tools and reliability necessary to effect the best patient outcomes. With an eye toward the future, we raise the bar in pre-hospital care by spearheading many of the medication, equipment, and supply trial studies which directly affect the safety of our responders, their patients, and generally advance the system and broaden community access to out-of-hospital care.

## HEALTH EDUCATION SERVICES

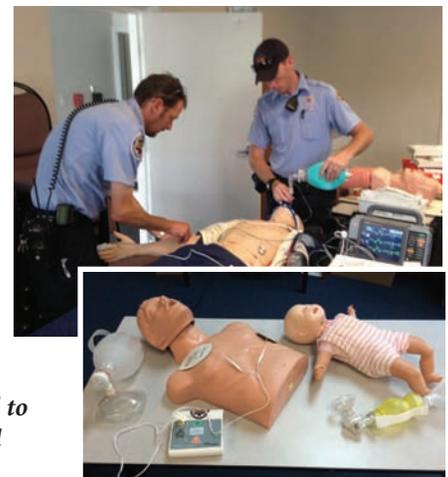
Plymouth Community Ambulance Association is proud to offer health education services for the community. We offer classes to both the individuals of the community and to local businesses in the area.

We as a company are geared to assisting the community gain an understanding of what we do through education. The classes we offer may not teach you skills that you will use every day, but they will help you to remain calm and provide assistance in an emergency situation.

*We offer the following classes to our community:*

- First Aid
- CPR
- AED
- Blood Borne Pathogens
- Emergency Oxygen

*If you are interested in taking any of the aforementioned classes you can send an email to [edu@medic308.org](mailto:edu@medic308.org); upon receipt of your email a member of our education team will contact you within 48 hours.*



## GLOBAL CONNECT

Global Connect's voice messaging system allows us to reach thousands of contacts with emergency messages within minutes. By clicking on this image on the Township website homepage, you can add phone numbers and an email address to receive emergency messages.

## Special Events

### TOGETHER “WE” FIGHT CANCER

5km Run / 1km Walk • Saturday, Oct. 18, 2014

Sponsored in coordination with: Plymouth Community Ambulance Association &

 **Mercy Suburban Hospital**

A member of Mercy Health System

8:00 a.m. • Registration begins (Norristown Area High School)

9:00 a.m. • 5 km. Race start time

9:15 a.m. • 1 km. Fun Walk start time

**\$25 Registration fee required**

Free t-shirt to first 250 participants! Pre-registration / info available upon email to “wefight5k@medic308.org”.

See & sign PCAA’s own Cancer Awareness Ambulance!



### 13TH ANNUAL GPCC FAMILY HEALTH FAIR

in partnership with Einstein Medical Center Montgomery

Saturday, November 15, 2014 • 9:00 a.m. – 12:00 p.m.



Free health screenings, free expert health information, traditional & alternative, ask the physician or therapist, information booths, fitness & nutrition information, free chair massages, raffles & refreshments, and kids bring your teddy bear for a checkup!

### HOLIDAY SWIM & GIVE

Friday, December 12, 2014 - 6:00 p.m. - 8:00 p.m.

The GPCC has teamed up with Harmonville Fire Co. for this huge special event. The Leisure pool will be decorated for the season and holiday music playing for a festively fun swim! Firefighters will be on hand to receive the toys from children who wish to make the holidays brighter for others.



*Rumor has it that Santa himself will be making an appearance at the end of the event to give out candy canes to all the good boys & girls!*

The price of the event is \$1 plus a new unwrapped toy per person. If you wish to donate more than one toy they will be gladly accepted.

Thank You! All participants must register.

### MLK DAY OF SERVICE

The Community Center, in conjunction with the Girl Scouts, will be hosting a volunteer day of service project on Martin Luther King Day 2015. We will be making pillow cases and quilts for children at local hospitals and agencies. Last year’s event was very successful and we plan on having an even more successful year this year. If you have interest in donating material, have a girl scout that may be interested in volunteering, or are interested in volunteering in general, please contact Shawn Mazei at 610-277-6122, or at smazei@plymouthtownship.org.

## FIRE MARSHAL’S OFFICE / EMERGENCY MGNT SECTION

### FALL IS A GREAT TIME TO DE-CLUTTER YOUR HOUSE AND AVOID... FALLS!

We have frequently suggested for fire safety reasons that you should have two ways out of your home. Have you ever considered trying to escape your home in a smoke-filled haze to only realize that your home is filled with tripping hazards? Every year, hundreds of homeowners spend hours in the hospital due to falls. What can you do to prevent falls? Prepare a home checklist to see if your home is safe.

Below are some items of which you should be aware:

- Throw rugs are a major tripping hazard, especially to the elderly. Either remove the rugs or make sure they are secure with double –sided tape.
- Be careful when climbing ladders. To reach items inside, move the most used items to the shelves within easy reach. If you are using outside ladders, be sure the ladder is secure and make sure someone is holding the ladder for added safety.
- Do you have a clear path in your home? Or is it scattered with toys, papers, and other items? Clutter makes you an easy target for falling. It is also dangerous to firefighters as they enter a burning building and try to find their way around in already difficult circumstances.
- Walking up or down stairs can lead to falls if your hand rails are not secure. If they wobble or become loose, have them fixed!
- Are your home corridors well lit? Those late night bathroom runs could be dangerous! Be sure your path is well lit; consider night lights wherever you are unable to see clearly.

Falls are preventable! Just a few minutes to check your home could save you from falling!

### Welcome



**new**  
**Deputy Fire Marshal**  
**Mike Matusheski**

# POLICE NEWS

## Meet Our New Hires!



Officer Holly Donohue with Chief Joseph F. Lawrence

On Monday, February 10, 2014 the Plymouth Township Police Department welcomed a new police officer to the force, Officer Holly Donohue.

Holly earned her Bachelor's Degree in Criminal Justice and Psychology from the University of Maryland – College Park in 2007. In July 2013, Holly graduated from the Montgomery County Police Academy where she held the position of Class Lieutenant.



Officer Christopher Hummel with Chief Joseph F. Lawrence

On Monday, March 10, 2014 the Plymouth Township Police Department welcomed another new officer to the force, Officer Christopher Hummel. Chris earned his Associate's Degree in Liberal Studies from the Montgomery County Community College in 2012 and he graduated from the Temple University Police Academy in March 2013. Chris has been a member of the Barren Hill Fire Company since 2009 and he is a certified firefighter. We wish both officers a long and fulfilling law enforcement career.

## Congratulations to Officer Kyle Wilhelm!

On June 9, 2014 Officer Kyle Wilhelm was selected and recognized as the 2013 Plymouth Township Police Department's Officer of The Year by Chief Joseph F. Lawrence. Officer Wilhelm's hard work and dedication set exemplary standards for officers to follow. Kyle is currently assigned to the O.I.C. Position on Squad B in the Patrol Division.

Congratulations Kyle!



Chief Joseph F. Lawrence and Officer Kyle Wilhelm.

## Congratulations on Retirement!

On February 20, 2014 Officer Michael Bolinsky retired from the Plymouth Township Police Department after 25 years of service. Officer Bolinsky started his career on February 20, 1989. During that time, Officer Bolinsky served entirely in the Patrol Division. Michael was one of our long time firearm instructors and was one of our tactical team leaders. We wish Michael the best of luck.



Officer Michael Bolinsky

## RE-ACCREDITATION NEWS!

The Plymouth Township Police Department completed its on-site assessment by assessors of the Pennsylvania Law Enforcement Accreditation Commission (PLEAC) on March 10-11, 2014. The unanimous recommendation of certified assessors was for the Plymouth Township Police Department to receive full re-accreditation status, and on April 2, 2014 PLEAC granted our third consecutive re-accreditation status.

The concept of accreditation is a progressive and time-proven way of helping organizations evaluate and improve their overall



performance. The cornerstone of this strategy lies in the promulgation of standards containing a clear statement of professional law enforcement objectives. The PLEAC program contains 131 standards and 184 sub standards. The PLEAC recognition is a coveted award that symbolizes professionalism, excellence and competence in the law enforcement profession. The Plymouth Township community can take pride in their department, knowing it represents the very best in Pennsylvania law enforcement.



K-9 Judo  
2005

## OUR POLICE K-9 RETIRES!

On May 12, 2014 K-9 Officer Doug Wells took custody of his retired K-9 Partner Judo. Judo and Officer Wells had a productive partnership for nine years, and his retirement is well deserved!

## WELCOME TO THE FORCE!

Officer Wells' new K-9 partner, Vilko, is a two year old German Shephard. He will be trained in narcotics detection and patrol functions.



K-9 Vilko  
2014

## POLICE PHONE NUMBERS

Emergency: 9-1-1 • Non-Emergencies: 610-279-1901

## Points to Remember:

- 1) **School's Open:** Please remember to drive safely and watch for children on their way to and from school. Obey the speed limits, especially in school zones. The school zone/speed zones are strictly enforced by the Police Department.
- 2) **Inclement Weather:** This is the time of the year for wet leaf covered roadways, snow and ice. Remember to leave plenty of space between your vehicle and the car ahead. Remember the law requires you to have your headlights on any time you have your windshield wipers on for inclement weather.
  - Roadways – Roads become slippery when covered with snow, sleet and freezing rain. Allow extra distance (at least six to eight second following distances) between your car and the car ahead. Check your tires and winterize your car as soon as possible.
- 3) **Holiday Safety:** Take the time to safeguard your valuables during the busy holiday season. Guard your personal information and credit cards. Place holiday purchases and packages in the trunk of your vehicle and out of the sight of potential thieves. Always remember to lock you doors.



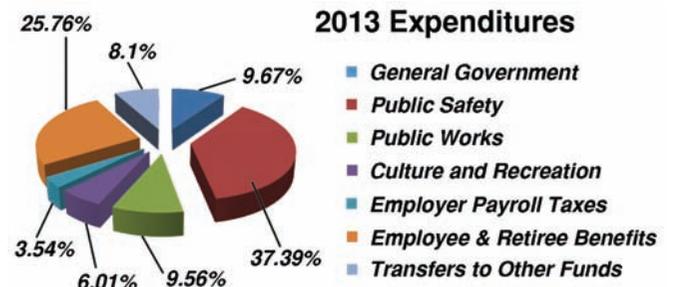
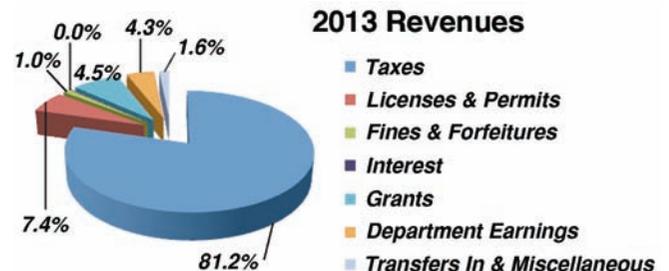
### ON-LINE CRIME PREVENTION TIPS:

- 1) Don't send personal information or make purchases over a public computer.
- 2) Don't provide personal information to websites that sound too good to be true.... No one is giving away "free" money, cruise, computer, iPad!
- 3) Don't wire money to someone you don't know.
- 4) If someone you're dealing with online offers to send you a check and allows you to keep a portion of it in exchange for wiring part of it back... DO NOT do it!! The check will bounce.

## PLYMOUTH FINANCE & ADMINISTRATION

### PLYMOUTH TOWNSHIP GENERAL FUND STATEMENT OF OPERATIONS

Revenue & Transfers In:	Actual 2013	Actual 2012
Taxes	\$17,809,276	\$16,091,678
Licenses and Permits	1,613,454	1,164,344
Fines and Forfeitures	224,619	239,426
Interest	8,175	14,232
Grants	976,915	915,984
Departmental Earnings	950,889	803,976
Transfers In & Miscellaneous	346,220	335,240
<b>Total Revenue &amp; Transfers In</b>	<b>\$21,929,548</b>	<b>\$19,564,880</b>
<b>Expenditures &amp; Transfers Out:</b>		
General Government	\$2,035,192	\$2,070,814
Public Safety	7,870,067	7,744,013
Public Works	2,011,306	2,062,399
Culture and Recreation	1,263,994	1,051,095
Employer Payroll Taxes	745,383	720,618
Employee & Retiree Benefits	5,420,917	5,217,002
Transfers to Other Funds	1,700,000	200,000
<b>Total Expenditures &amp; Transfers Out</b>	<b>\$21,046,859</b>	<b>\$19,065,941</b>
Difference: Revenue & Transfers In Less Expenditures and Transfers Out	\$882,689	\$498,939
Beginning Fund Balance - Jan 1	7,286,779	6,787,840
Ending Fund Balance - Dec. 31	\$8,169,468	\$7,286,779



## PLYMOUTH TOWNSHIP NEW MAILBOX REPLACEMENT POLICY



Plymouth Township has many operations that require various types of vehicles and equipment to work along the street and curb line. Snow plowing in particular requires operations to get as close to the curb as possible so that mail can be delivered. The Highway Department takes great care not to damage any property within the right-of-way; however, mailboxes occasionally get damaged. Most damage occurs by the weight of the snow that rolls off the blade. Many times mailboxes are old and leaning or not installed properly. Due to the time and cost associated with these repairs and replacements, we have established a new policy for mailbox repairs and new mailbox installation.

### THE POLICY

The Public Works Department will no longer repair or replace damaged mailboxes or support posts. Instead, when the following two (2) criteria are

met, it will provide reimbursement up to a maximum of \$100.00 (copies of receipts are needed):

1. It is determined that the Township operator damaged the mailbox while operating a snow plow while plowing snow; and
2. The mailbox had been properly installed (e.g., meeting USPS\* installation guidelines) and maintained prior to the damage occurring.

If both criteria noted above are met, you may repair or replace the mailbox/post at your own cost, the Township will then reimburse you up to the maximum of \$100.00 (copies of receipts are needed). The Township will no longer repair or replace damaged mailboxes or supports.

\*United States Postal Service

## PLYMOUTH TOWNSHIP ZONING & PLANNING SECTION

Anyone interested in constructing an "in-law suite" to their single-family dwelling must apply for a Zoning Use & Occupancy Permit with the Township as well as meet the following requirements:

1. Immediate family members are limited to parents, grandparents, children, grandchildren, sisters, brothers, aunts, uncles, stepparents and stepchildren.
2. The principal dwelling unit shall be owner-occupied.
3. The additional living quarters shall be totally enclosed within the principal building.
4. An internal connection shall always be maintained as a means of access between the principal dwelling unit and the additional living quarters, such as a stairway or door. The additional living quarters shall not be located in a separate freestanding building joined to the dwelling by a corridor or breezeway.
5. The owner must agree to annually renew the permit by proving that the additional living quarters are still occupied by immediate family members of the owner and to make the property available for Township inspection, if requested by the Zoning Officer.
6. If an on-lot septic system will be utilized, it shall be found adequate by the County Health Department for the expanded use.
7. Any exterior changes to the principal building to incorporate an

attached additional living quarters shall not decrease its appearance as a single-family detached dwelling as viewed from a street or another property.

8. Detached additional living quarters and additional dwelling units are specifically prohibited.
9. The owner shall not lease or rent the additional living quarters as an apartment or separate dwelling unit.
10. The owner is required to remove the cooking facilities in the additional living quarters within six months after the living quarters are no longer occupied by a member(s) of the owner's immediate family.
11. The owner shall prepare and file with the Montgomery County Recorder of Deeds, a deed restriction in a form acceptable to the Township Solicitor, containing the conditions set forth in conditions 1 through 10 above, which shall reflect that the property is encumbered with those specific conditions. The deed restriction must run with the land.
  - a. A one-year renewable permit issued by the Township Zoning Officer shall be required to ensure compliance. The fee for this permit shall be established by resolution of Township Council.

Application forms can be obtained at the Township building or on the Township website. Any questions, please call 610-233-0554.



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Plymouth Meeting  
19462



# Public Works

## Is Your Trash Can Too Big?

Over the past few years, more and more residents are using 60-90 gallon carts as their trash container. These carts are too large for our men to handle and are designed to be lifted mechanically. Trash cans should be no larger than 30 gallons and weigh no more than 50 pounds when loaded. An EMPTY 90 gallon cart weighs 40 pounds! As a guide, the round, blue recycle cans are approximately 30 gallon size. A trash can of this size is preferable. Trash will be left curbside and tagged if it is deemed to be too heavy.



## Christmas Tree Recycling

Plymouth Township will start recycling Christmas Trees on Friday, January 2, 2015. Residents are asked to put their used Christmas trees out for collection on their regular recycling day during the month of January. The Public Works Department will collect the trees and chip them. For the safety of Township employees, residents must remove all ornaments, lights and stands. The wood chips are turned into mulch, which is free for the taking at the Public Works driveway, 700 Belvoir Road.

## Snow Plowing

When it Snows...Our goal is to have all Township and State roads cleared within 15-20 hours after the snow has stopped falling. In order for this to occur, however, it takes your cooperation. The public works crew plows 48 miles of Township roads and 17 miles of State roads. This translates into over 150 lane miles to clear. As you can see, this is not an easy task.

If you have off-street parking such as a driveway, please use it. Please stack cars closely in your driveway and refrain from parking on the street. This will help our crew to better clear and negotiate your street. Please do not throw snow back into the street while shoveling or cleaning off cars. This slows and impedes our

operations and the plows will have to clear it again. This also violates Ordinance #1540. This Ordinance prohibits throwing, shoveling, or plowing snow onto highways, streets or roads in Plymouth Township.

Ideally, don't shovel the end of your driveway until the plows have finished with your street. Remember, all plows are angled to discharge snow to the curb on the right. It is impossible to plow the streets without the plow being angled.

The plowing priority will be as follows: Primary roads will be cleared first, followed by secondary streets and finally residential streets and cul-de-sacs.

Residential street plowing will not begin until the snow stops falling. The reason for this is because our main focus and priority is keeping the main roads passable and clear while the snow is falling. We cannot plow in the residential neighborhoods while the snow is falling because the main roads would become dangerous and potentially impassable.

Remember, the public works crew will put in long hard hours clearing the streets.....so please be patient and courteous.



## It's Time to Get Ready for Winter

Residents are asked to remember the following to get through the winter season safely:

- \* Use off-street parking when snow is predicted. When you park your car in the driveway, there's less snow to shovel.
- \* On-street parking, where no off-street parking is available, is only permitted on one side of the street. In an odd year parking is only permitted on the odd numbered side of the street.
- \* Don't park near storm drains, so crews can clear snow and ice to avoid flooding from the melting runoff.
- \* When shoveling your driveway, pile snow to the right. This will prevent the plow from covering your driveway opening again.
- \* Property owners are required to clear their sidewalks at least 30 inches wide within 36 hours after the snow stops.
- \* Residents are reminded that it is unlawful to park or abandon a car on any street any time within twelve hours after a snowfall of three inches or more, where off-street parking exists. Vehicles parked otherwise are subject to removal at the owner's expense.

- \* Any motor vehicle parked, stalled, incapable of moving under its own power, or left unattended upon any public street or highway in the Township at any time within twelve hours after a snowfall of three inches or more has occurred, may be removed or towed to another location by the Police Department.
- \* Don't shovel or plow snow into the street. The plows will just move it back onto your driveway or sidewalk.
- \* Think Safety! Never approach moving snow removal equipment. Just because you can see the driver doesn't mean he can see you. We try to keep our crews fresh and rested, but extended weather emergencies can mean long hours for Township employees. Please keep children and pets off the streets as much as possible.
- \* If there's a fire hydrant by your home consider adopting it! You know where it is; if it's obscured by snow, fire companies responding to emergencies may not find it. Clearing the snow from the hydrant helps protect you and your neighbors.



# Einstein Medical Center Montgomery provides a full range of medical and surgical specialty care and advanced diagnostic testing.

- 24-hour Leonard and Madlyn Abramson Family Emergency Department staffed by board-certified emergency medicine physicians
- Advanced cardiac services including open heart surgery, catheterization and electrophysiology
- Cancer care offering cutting-edge clinical protocols
- Family-centered maternity care unit including the Arthur and Lea Powell Neonatal Intensive Care Unit
- Comprehensive orthopedic care and Joint Restoration Center
- General, minimally invasive and robotic surgery including cardiothoracic, endovascular, bariatric, thoracic, colorectal and neurosurgery subspecialties
- Compassionate home health, hospice and palliative care



559 West Germantown Pike  
East Norriton, Pa. 19403  
484-622-1000

[Einstein.edu/Montgomery](http://Einstein.edu/Montgomery)  
1-800-EINSTEIN



# Public Works

## 2014-2015 Solid Waste Holiday Collection Schedule

- If a holiday falls on a Saturday or Sunday, the holiday is observed on Monday.
- When a holiday falls on your recycle day during the week, recycling will be picked up on Wednesday of that week. Your trash will be picked up on your next scheduled trash day.

Collection of trash will be made on the next scheduled collection day when the collection day falls on the following Township holidays:

### General Election Day

Tuesday, November 4, 2014

### Thanksgiving Day

Thursday, November 27, 2014

### Day after Thanksgiving

Friday, November 28, 2014

### Christmas Day

Thursday, December 25, 2014

### New Year's Day

Thursday, January 1, 2015



### Good Friday

Friday, April 3, 2015

### Memorial Day

Monday, May 25, 2015

### Flag Day

Sunday, June 14, 2015

Observed Monday, June 15, 2015

### Independence Day

Monday, July 4, 2015



### Labor Day

Monday, September 7, 2015

### General Election Day

Tuesday, November 3, 2015

### Thanksgiving Day

Thursday,  
November 26, 2015



### Day after Thanksgiving

Friday, November 27, 2015

### Christmas Day

Friday, December 25, 2015

## TRASH COLLECTION

Place trash at curb no later than 6:00 a.m. on the day of collection, but no earlier than 7:00 p.m. on the prior evening.

- Store in water-tight containers with handles and loose fitting lids. Do not place trash in paper bags, plastic bags or cardboard boxes.
- If the trash men spill trash, they will pick it up; if an improper container breaks or an animal tears up the trash, it is the property owner's responsibility to clean up.
- The trash men will not collect more than four containers. Trash containers should be no larger than 30 gallons nor weigh more than 50 pounds.
- Unacceptable items include: Refuse from the construction of buildings such as sand, earth, lumber, brick, stone, mortar, plaster, roofing materials, plumbing fixtures, etc., auto parts, hazardous wastes, household appliances, and yard waste.
- Large items such as furniture will be picked up on your second regular trash day of the week.
- Household appliances and scrap metal are collected separately from regular trash.



## RECYCLING

Recyclables are collected once a week on your designated recycling day.

- Place items in the blue recycling container no later than 6:00 a.m.; additional containers may be used, but must be marked for recycling. Recycle stickers are available at the Township Building at no charge.
- Large cardboard items may be placed next to the containers.
- Damaged containers can be exchanged at no cost; lost containers will be replaced at \$25.00 per container.

The following items are recyclable:

- Glass
- Aluminum and Bimetal Cans
- Paper and cardboard
- Plastic (#1 thru #7); NO PLASTIC BAGS PLEASE



## NEW WHITE GOODS COLLECTION FEE

### HOUSEHOLD APPLIANCE & SCRAP METAL COLLECTION FEE: \$10

The Township has a separate collection for stoves, freezers, refrigerators, air conditioners, dehumidifiers, washing machines, dryers, metal cabinets and all metal furniture, because these items are not accepted at the trash-to-steam plant.

These items are picked up once a month on the third Wednesday of the month. Residents desiring to have an appliance removed must call the Public Works Department by the second Friday of the month at (610) 277-4103 to get the \$10 disposal sticker and to be placed on the list. Items without stickers will not be collected. Once stickers are purchased there are no refunds.

Dishwashers can be put out on your second regular trash day.

# Public Works

## NEW TELEVISION COLLECTION FEE

### ELECTRONICS AND UNIVERSAL WASTE DROP-OFF

*Electronics are required by Law to be recycled under the Covered Device Recycling Act of 2010. They will not be accepted in regular trash.*

The Township has an electronics (covered devices) and universal waste drop-off located at the Public Works Shed at no cost to Township residents.

Covered devices include: desktop computers, laptop computers, computer monitors, computer peripherals and televisions. Universal waste includes: rechargeable batteries, wire and small appliances with motors or plugs such as vacuum cleaners, blenders, and fans.

Televisions can either be dropped off at the Public Works shed free of charge or for a \$10 service fee we will pick it up curbside on the third Wednesday of the month. Residents desiring to have a television removed must call the Public Works Department by the second Friday of the month at (610) 277-4103 to get the \$10 disposal sticker and to be placed on the list. Items without stickers will not be collected. A disposal sticker is required for the televisions-only curbside collection. Once stickers are purchased there are no refunds. All other covered devices must be brought to the Public Works shed, Monday through Friday, between 8 a.m. and 3:30 p.m. or taken to a Montgomery County sponsored Electronics Waste Collection site on a Saturday.

Call the Public Works Office 610-277-4103 for drop-off procedures, location information, or to get on the television disposal list.

## YARD WASTE

- Yard waste is collected every Wednesday throughout the year.
- Yard waste consists of grass clippings, twigs/shrub trimmings and pruning, leaves, and garden waste (pinecones, weeds, dead plants). Rocks and logs are not considered yard waste.
- Place in biodegradable brown paper bags or in a designated Yard Waste container (trash can). Please, no plastic bags. Brown bags can be purchased at Home Depot, Lowes and some grocery stores.
- Yard waste will not be collected in the blue recycling containers.

**NOTE:** All recyclables and yard waste are collected in a designated trash truck as part of our single stream recycling. So rest assured that although all recycle materials will be collected with a trash truck, they are still being recycled to protect our earth and reduce disposal costs.

## BRANCH AND CHIP PROGRAM COLLECTION

- The Township runs two Branch and Chip Collection Programs during the year.
  - **Fall** - September 2 through October 10, 2014
  - **Spring** – March 9 through April 10, 2015
- Residents must call the Public works Department prior to NOON Wednesday of the week to schedule their pick up.
- Branches will be collected on Thursday and Friday, weather permitting.
- Residents should comply with the following:
  - Leave the branches as long as possible, a minimum of five feet in length.
  - Nothing over five inches in diameter can be chipped.

## MULCH DELIVERY

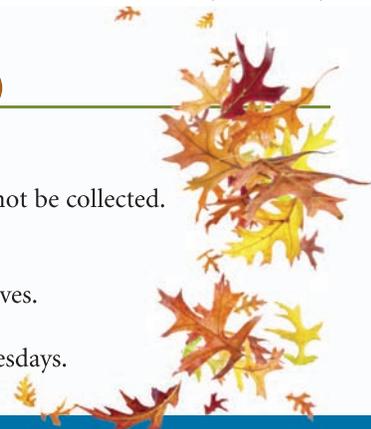
**RESIDENTS NO LONGER HAVE TO FILL UP THEIR BUCKETS AND TRASH CANS WITH COMPOST/MULCH.....** For a delivery charge of \$30.00 the Public Works Dept. will deliver up to one dump truck load (approx. five yards) to your household. There is a one yard minimum.

Annually, the Township collects over 1,000 tons of yard waste curbside from the residents of Plymouth Township. This material and composted leaves are processed by our tub grinder to make mulch to place around trees and flower gardens. Mulch holds moisture for your trees and gardens and amends the soil with additional nutrients.

Deliveries are every Friday throughout the year from March 1 to November 1. Anyone who would like a mulch delivery must come to the public works office in person to sign a release of liability and pay the \$30.00 delivery charge. If you would like delivery on Friday you need to pay and sign the waiver before Wednesday at 3:30 p.m. the week of delivery.

## LEAF COLLECTION (Please refer to the map and tentative schedule)

- Curbside leaf piles may extend along the entire length of the property.
- DO NOT mix limbs, brush and other debris with leaf piles. Mixed Piles will not be collected.
- Leaves will not be collected with your regular trash collection. Trash with leaves co-mingled will not be collected.
- Adverse weather conditions may cause delays in leaf collection dates.
- Once the leaf collection machine has passed it will not return until the next scheduled collection.
- Township employees and/or equipment are not permitted to enter private property to remove leaves.
- Property owners are encouraged to start their own compost piles.
- Residents can opt to place bagged leaves at the curb for collection with their yard waste on Wednesdays.



# PENNSYLVANIA WASTE WATCHER 2014

## WASTE WATCHERS RECYCLING AWARD

For the sixth consecutive year Plymouth Township Public Works Department has received the Pennsylvania Waste Watcher Award for outstanding recycling! These accomplishments are the result of great teamwork by Plymouth Council, Township Employees and Residents of Plymouth Township. Thank you for making Plymouth Township one of the best recyclers in Pennsylvania. Here is a narrative of the accomplishments in 2013.

*Public Works Crew responsible for Single Stream Collection, Yard Waste, Branch and Chip, Leaf Collection, White Goods, Equipment Maintenance, and Processing of Compost Recyclables*



## PENNSYLVANIA WASTE WATCHER NARRATIVE 2013

Plymouth Township continues its recycling consistency, sustainability and pursuit to become a perennial recycling leader in Montgomery County and the State of Pennsylvania. Over the last 6 years Plymouth Township has proven outstanding recycling achievement in many categories, such as outstanding single stream recycling, composting, public education, special collection, reuse and waste reduction. Plymouth Township focuses and prides itself on tailoring multiple recycle programs that fit the needs of the community by which it serves. All of these recycling services, with the exception of Electronics Collection drop-off at our facility, are performed by Township employees.

2013 consistency and recycling success continues in Plymouth Township. Again through education in the newsletter, cable access channels and word of mouth, all of our recycling programs continue to gain popularity among our residents. Plymouth Township's recycling program is often used as a model for other municipalities to follow.

In 2013 the Single Stream recycle program collected 1,502 tons surpassing last year's total of 1,490 tons. Just a few years ago, this tonnage only topped out at 941 tons.

At the same time in 2013 Plymouth Township continues to have a separate collection for yard waste. This yard waste is collected every Wednesday curbside throughout the year. In 2013 Public Works Sanitation Dept. collected 1,128 tons of yard waste curbside. In years past, this material was generally thrown in the trash. This diversion is a reduction of \$65 per ton, saving the Township \$73,320.00 in potential trash disposal fees. This program is in addition to our fall curbside leaf collection totaling 1,338 tons and our 5-week spring and 5-week fall branch and chip program where we collected another 165 tons. All of this material is processed in our public works yard with our tub grinder that we share with Whitmarsh Township. This mulch is then given back to our residents for pick up at the Township Building at any time.

For a \$30 delivery charge, we will deliver up to 5 yards of processed mulch to any Plymouth Township resident. In 2013, 105 deliveries totaling 464 yards of mulch were given back to the residents of Plymouth Township. Hundreds of yards were picked up by residents at our community mulch pile.

We also have a white goods appliance and metal collection once a month. This collection added another 16.1 tons of material that was diverted from entering the trash stream.

Our new Electronics Recycling Program is gaining in popularity. Residents can simply drop-off all e-waste, rechargeable batteries, small appliances, wire, plastic, televisions, etc. to the Township for proper recycling, thus diverting this material from entering the trash stream. This e-waste is processed by an outside agency, Magnum Computer Recycling at no cost to the Township. Since 2012, the Township is now paid for this e-Waste. In 2013, the Township collected 13 tons of electronics from residents, 9 more tons than 2012.

All of the many recycle programs and information always appear in our Township Newsletter, Web site and Cable access channels. Residents are extremely pleased with the programs not only for the cost savings but also for the obvious environmental impact. All of this data is updated and goals stated in our newsletter annually so residents can follow their tremendous progress.

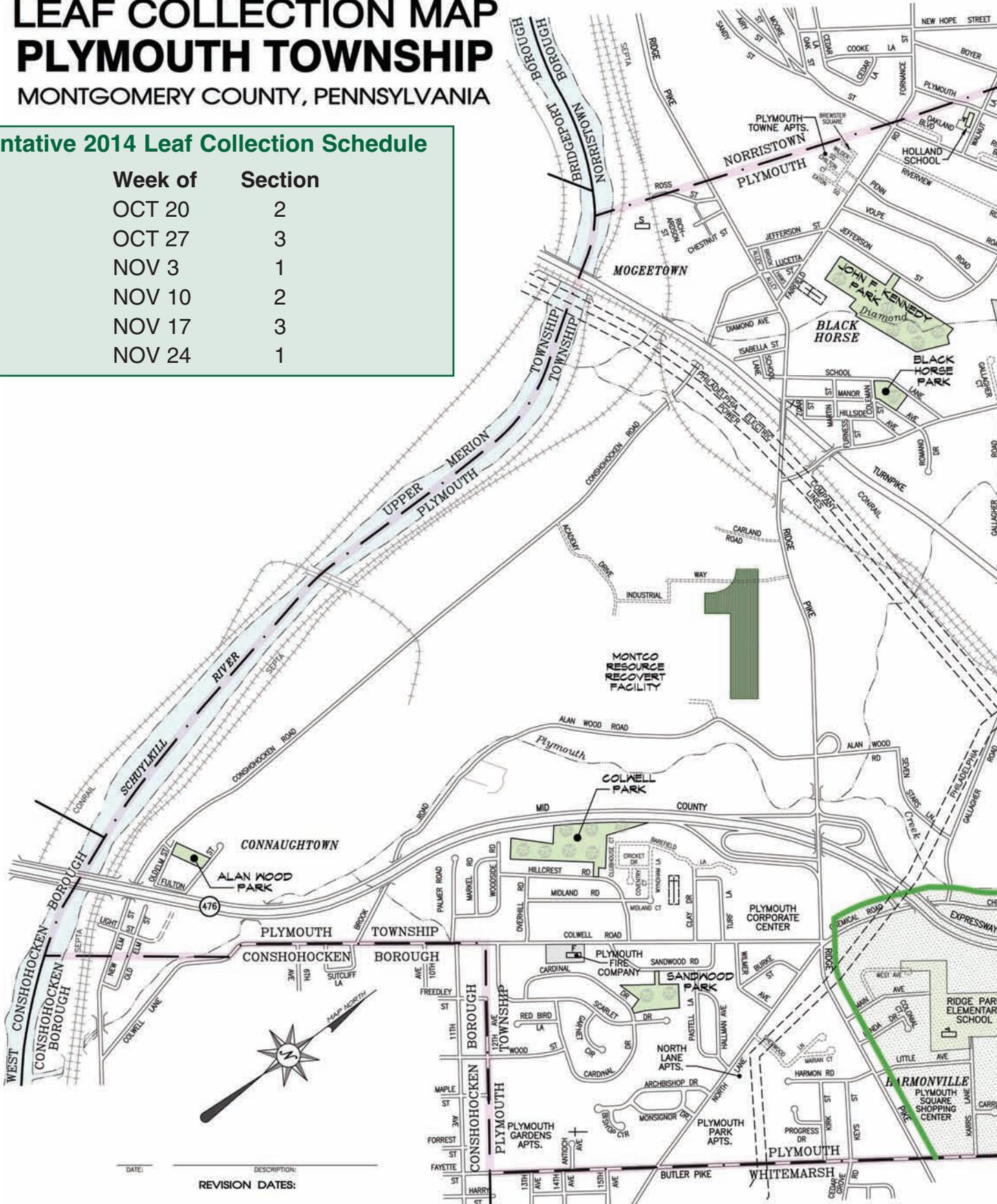
Ongoing and continuing improvements of our existing recycling programs and the implementation of our many new recycling programs over the last few years has resulted in a significant reduction in our trash disposal costs from 2007 to 2013. In 2007 our trash disposal costs were a staggering \$519,783.00. In 2008 those costs were only \$352,860.19 largely because of Single Stream Recycling and the inception of the Yard Waste Program. In 2013 trash disposal costs dropped to approximately \$302,000, a 42% decrease in disposal costs since 2007.

In 2013, Plymouth Township, through all of our programs, collected a total of 8,799 tons of solid waste. 4,163 tons of this solid waste (47.3%) is renewed and reused as recycled material. We will continue to update residents on their progress, adjust and change with the times for the better, and carry on to provide ways that recycling can be expanded and improved upon.

## LEAF COLLECTION MAP PLYMOUTH TOWNSHIP MONTGOMERY COUNTY, PENNSYLVANIA

### Tentative 2014 Leaf Collection Schedule

Week of	Section
OCT 20	2
OCT 27	3
NOV 3	1
NOV 10	2
NOV 17	3
NOV 24	1



DATE: \_\_\_\_\_ DESCRIPTION: \_\_\_\_\_  
REVISION DATES: \_\_\_\_\_





2013 ANNUAL SUSTAINABILITY REPORT  
**PLYMOUTH TOWNSHIP**  
 WITH YOUR HELP **WE RECYCLED**

WHAT'S IN THE TONS?  
**1,502** TONS

<b>JOBS</b>	<b>3 DIRECT JOBS CREATED<sup>1</sup></b>		
<b>ALUMINUM</b>	<b>10 TONS</b> = 679,934 ALUMINUM CANS <sup>2</sup>	=	SAVED ENOUGH ENERGY TO POWER A COMPUTER FOR 233 YEARS <sup>3</sup> 
<b>#1 PLASTIC</b>	<b>39 TONS</b> = 2.7 MILLION #1 PLASTIC BOTTLES	=	ENOUGH TO MAKE 543,948 T-SHIRTS <sup>4</sup> 
<b>PAPER</b>	<b>615 TONS</b> = 124 MILLION SHEETS OF PAPER <sup>5</sup>	=	EQUIVALENT OF SAVING 1.2 MILLION NOTEBOOKS <sup>6</sup> 
<b>CARDBOARD</b>	<b>289 TONS</b> = 1.7 MILLION PIZZA BOXES <sup>7</sup>	=	EQUIVALENT OF SAVING 4,918 TREES <sup>8</sup> 
<b>GLASS</b>	<b>199 TONS</b> = 904,313 GLASS BOTTLES <sup>9</sup>	=	ENOUGH TO SAVE 997 GALLONS OF OIL <sup>10</sup> 



**ENVIRONMENTAL IMPACT REPORT**

- PREVENTED 4,350 METRIC TONS OF CO2-EQUIVALENT GREENHOUSE GASES. THIS IS EQUIVALENT OF REMOVING 797 CARS FROM THE ROAD.
- SAVED 1,927 CUBIC YARDS OF LANDFILL SPACE. THIS IS EQUIVALENT TO 5,989 GARBAGE CARTS.

GET MORE INFORMATIVE AND EDUCATIONAL MATERIAL AT: [RECOMMUNITY.COM/EDUCATION](http://RECOMMUNITY.COM/EDUCATION)

1) More Jobs, Less Pollution: Growing the Recycling Economy in the U.S. - 2011, 2) Based on 14 grams per 12oz can average, 3) [http://www.boeing.com/commercial/747family/plr/plr\\_facts.html](http://www.boeing.com/commercial/747family/plr/plr_facts.html) or <http://www.epa.gov/smm/wastewise/wrr/factoid.htm>, 4) [http://www.epa.gov/osw/education/quest/pdfs/sections/u2\\_chap2.pdf](http://www.epa.gov/osw/education/quest/pdfs/sections/u2_chap2.pdf), 5) Based on 4.5 grams per 8.5x11 paper, 6) [http://www.epa.gov/osw/education/quest/pdfs/sections/u2\\_chap2.pdf](http://www.epa.gov/osw/education/quest/pdfs/sections/u2_chap2.pdf), 7) Based on 153 gram average weight of cardboard pizza box, 8) Based on 1 ton of cardboard saving 17 trees, 9) Based on 200 grams per 12oz bottle average, 10) <http://www.epa.gov/osw/conservation/tools/warm/>

# Public Works

## STORM WATER REGULATIONS

New federal storm water regulations require Plymouth Township, as well as most other municipalities in “urbanized areas” across Pennsylvania, to comply with the Environmental Protection Agency’s storm water management program. One of the many requirements of the program is to obtain a National Pollutant Discharge Elimination System (NPDES) permit. The program in Pennsylvania is administered by the Pennsylvania Department of Environmental Protection (DEP). Plymouth received its permit on January 15, 2004. The Township is in the process of implementing the storm water management protocols developed by the DEP.

Under the DEP program, Plymouth Township will implement the six required Best Management Practice (BMP) control measures, including Public Education, Public Participation, Illicit Discharge Detection and Elimination, Construction Site Run-off Control, Post Construction Storm water Management and Pollution Prevention and Good Housekeeping for Municipal Maintenance.

An important part of the Township’s compliance plan is to educate the public regarding the environmental impact of storm water run-off. The PA DEP maintains a website with comprehensive information on storm water education ([www.dep.state.pa.us](http://www.dep.state.pa.us)). The Plymouth Township website ([www.plymouthtownship.org](http://www.plymouthtownship.org)) also has information and links to other websites.

We also ask that residents report any suspected pollution incidents to the Township at 610-277-4103. This includes the dumping of wastewater, illicit liquids or solids into streams or storm sewers.



## PLEASE KEEP OUR STREAMS CLEAN!

### This is our Fish Tank



### This is its lid.



### Any Questions?

*One would never dream about dumping garbage into a creek. But if waste runs down its storm drain that's exactly what happens!*

## TOWNSHIP CONTINUES TO BATTLE SEWER INFLOW AND INFILTRATION



The Township is continuing its efforts to prevent unwanted stormwater water from entering the sanitary sewer system. We continue to inspect and repair manholes and sewer lines throughout the township in an effort to remove as much stormwater Inflow and Infiltration (I&I) from the system as possible.

The Township pays to have this water treated, resulting in higher sewer rates for everyone. In addition, increased wet weather flows can overload pump stations and other facilities. This leads to sewer overflows, which can cause environmental and other health hazards, as well as costly property damage. It can also lead to expensive facility upgrades, which result in higher sewer rates.

Are you aware that it is illegal to have your sump pump connected to the sanitary sewer system? Illegal sump pump connections put unnecessary rain water into the Township's sanitary sewer system.

What can you do to help? Make sure you sump pump is not connected to the sanitary sewer system. Sump pumps should be connected to the storm sewer system, or direct discharge to a lawn area where they can flow to the street. Keeping rain water out of the sanitary sewer system will help keep rates from rising unnecessarily.

In addition, residents should check their sewer vents to make sure the vent cap is properly in place. The area around the vent should also be checked to ensure that it is graded to prevent runoff from entering the sanitary sewer system.

If you need help with suggestions on where to re-route your sump pump discharge or repair your sewer vent, please call the Plymouth Township Public Works Department at 610-277-4103.

# Parks and Recreation

## Plymouth Township Day - Thank You

Plymouth Township Council and the Parks & Recreation Department sincerely thank our volunteers, sponsors, community groups and staff for making the annual Plymouth Township Day on May 31st a success. Close to 40 Community Groups joined Plymouth Township Day this year, including small businesses, Township groups and community services. The crowd enjoyed the variety of booths along with the raffles and giveaways. We thank you for your participation and hope to see you again next year. If anyone is interested in a booth for our 2015 Plymouth Township Day event, please contact Joanna Sharapan at 610-313-8681.

### Premier Sponsors:

- Plymouth Meeting Mall
- PREIT
- Brandywine Realty Trust

### Sponsors:

- Concentra Urgent Care
- Chemalloy Co., Inc.
- Militia Hill Security, Inc.
- Children's Dental Health Associates, P.C.
- Contract Cleaners

- Murray Kia
- Advanced Services
- Penn Liberty Bank
- Tornetta Realty
- Sal Paone Builder
- Thomas J. Speers, Attorney at Law
- McCloskey & Faber, PC
- Woodrow & Associates
- PlyMar Construction
- Caddick Construction



### Contributors:

- Chick-fil-A
- Deon Beverage

And The Park, Recreation and Shade Tree Advisory Board, Council, Employees and Volunteers

**We appreciate your donations, contributions and efforts!**

## Plymouth Performances in the Park- Thank You

Plymouth Township Council and the Parks & Recreation Department sincerely thank our sponsors for the annual Performances in the Park series.

- Thomas J. Speers, Attorney at Law
- VIST Bank
- PECO
- Vanguard Realty Associates

If you are interested in becoming a sponsor for any upcoming events please contact Susan Vacchiano, [svacchiano@plymouthtownship.org](mailto:svacchiano@plymouthtownship.org) or 610-6313-8683.



## Programs

A few of our upcoming programs are highlighted here. All programs are at the GPCC unless otherwise noted. A complete list can be found in our program guide, Leisure Visions, which is online at [www.plymouthcommunitycenter.org](http://www.plymouthcommunitycenter.org) and is mailed to homes in March, August and November. Our friendly front desk staff is happy to assist you with registration and any questions about our facility and programs.



### Pumpkin Decorating Night

Bring your own pumpkins to carve or decorate. We will provide paint and other supplies for decorating as well as knives and carving kits. All children under 12 must be accompanied by an adult. Please call ahead to register, you can register at

the door, but spaces are limited. You must bring your own pumpkin!

**Location:** GPCC

**Ages:** All ages

**Friday, 10/10:** 5:30 p.m. - 8:00 p.m.

**Price:** \$7/pumpkin

### Harriet Wetherill Park Programs

#### Butterfly Garden Care Days

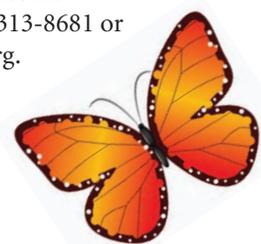
Help us keep our Butterfly Garden beautiful. We will be working on different projects around the Butterfly Garden including mulching, weeding, pruning and lots of other stuff. Individuals and organizations welcome!

Please RSVP to Joanna at 610-313-8681 or [jsharapan@plymouthtownship.org](mailto:jsharapan@plymouthtownship.org).

**Location:** Harriet Wetherill Park

**Saturday, 10/11:**

9:00 a.m. - 11:00 a.m.



### Mystery Madness

Get ready for Halloween at Plymouth Township Parks & Recreation's Mystery Madness. We will go on a flashlight scavenger hunt, do some Halloween crafts and some mind-bending puzzles. All will get a snack and the children will win prizes. Don't be late; you don't want to miss one minute!

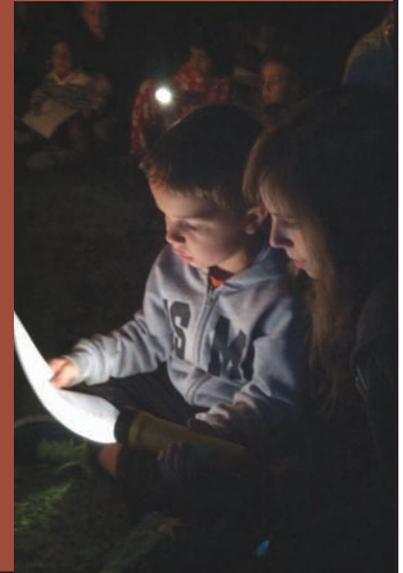
Ages: Families  
Saturday, 10/18 - 7:00 p.m.-8:30 p.m.  
Price: \$35 NR/\$28 RES/Family of 4



### CAMPFIRE & STORYTELLER

Gather 'round the roaring fire and listen to some tales. Feast on fall favorite treats that are fun for the whole family. Bring a blanket or chair and join us for some myths, legends, and folktales!

Friday, 10/17  
7:00 p.m.-8:30 p.m.  
Price/Family of 4:  
\$35 NR/\$28 RES



## HWP Weekend

### Hayride and Pumpkin Pick

Join Plymouth Township Parks & Recreation and Maple Acres Farm for a hayride and pumpkin pick. Purchasing a pumpkin is optional; payment for pumpkin is through Maple Acre Farms.

**Ages:** Any children under 12 need to be accompanied by an adult.

We will have Scarecrow supplies available on Saturday & Sunday (\$5).

**Friday, 10/17:** 1:00 p.m. - 3:00 p.m.    **Saturday, 10/18:** 10:00 a.m. - 12:00 p.m.

**Sunday, 10/19:** 1:00 p.m.-3:00 p.m.

**Price:** \$2 per person (per ride)



# Parks and Recreation

## Fitness Programs

### SMALL GROUP TRAINING AT THE GPCC!



Watch as our Active Zone is transformed into a Small Group Training room for all ages. Small Group Training is sweeping the nation and is helping people of all ages meet their health and fitness goals by providing more personalized attention at a lower cost than personal training.

The following Small Group Training programs are now being offered. A more detailed description along with prices can be found in our Leisure Visions or online at [www.plymouthcommunitycenter.org](http://www.plymouthcommunitycenter.org). Spinning, suspension training and fusion will be offered once the room is completed. Check our Winter Leisure Visions for a complete listing.

### Adult Small Group Training

#### Line Dance Mix

No partner required! (Ages 18+)  
Tuesday, 10/21 – 11/18  
11:00 a.m. – 11:55 a.m.

#### Small Group Training: Boot Camp (Ages 18+)

Friday, 10/10-11/7  
6:30 a.m. – 7:25 a.m. (Inside)  
Friday, 11/14-12/19  
6:30 a.m. – 7:25 a.m. (Inside)

#### Strength Training for Women (Ages 18+)

Thursday, 10/23 - 11/13  
7:00 p.m. – 7:45 p.m.



### Kids Small Group Training

#### Kids Exercise Express (Ages 7-14)

This is a 30 minute workout designed to keep your kids moving.  
Tues/Thurs, 10/28 – 11/20  
6:00 p.m. - 6:30 p.m.  
(Ages 7-9)  
Tues/Thurs, 10/28 – 11/20  
6:30 p.m. - 7:00 p.m.  
(Ages 10-14)

#### Jab n' Jive (Ages 7-14)

A combination of cardio, dance and kickboxing.  
Mon/Wed, 10/13 – 11/5  
4:30 p.m. - 5:15 p.m.

## HIGH-QUALITY, AWARD-WINNING MEDICINE?

*ABSOLUTELY.*

### BECAUSE YOU DESERVE MORE.

Everyone expects a hospital to offer expertise, technology and quality care, but what about genuine caring for your physical and emotional well-being? At Mercy Suburban Hospital, you can have it all. [DeserveMore.org/Suburban](http://DeserveMore.org/Suburban)



### Another Award!

Mercy Suburban Hospital is voted Best Hospital in Montgomery County in The Times Herald's 2014 Best of Montco Readers' Choice Awards.



1.877.GO MERCY

 **Mercy Suburban Hospital**  
A member of Mercy Health System

# Parks and Recreation

## BMI Busters

Ages 7-11

This award winning program has helped many children fight childhood obesity through the use of weight training, cardiovascular exercise and nutritional information. Let us help your child lose weight and gain confidence while having fun. If you would like more information please contact Ed Bauso at 610-277-4906 or ebauso@plymouthtownship.org.

Mon/Wed/Fri - 6:30 p.m. to 8:00 p.m.

Session 1

September 29 - October 24

Session 2

October 27 - November 24



## Aerobic Classes



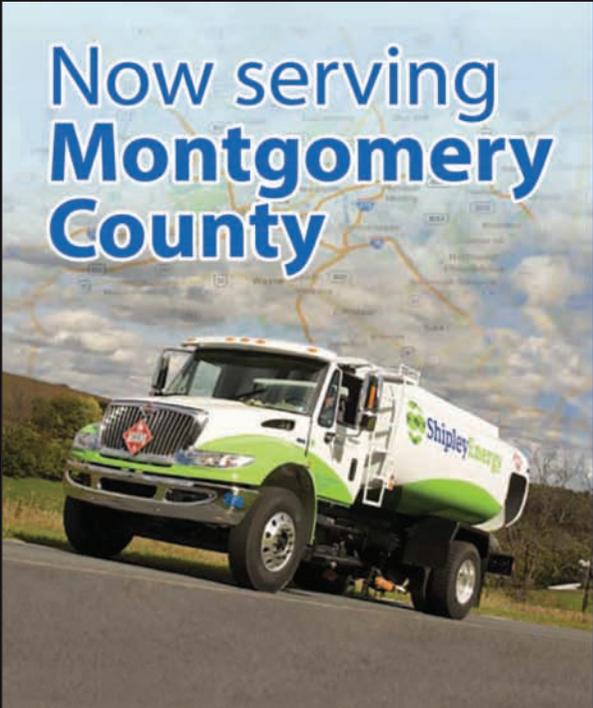
Remember, aerobic classes are included in the monthly and annual pass. Classes include:

**Tight n' Toned**  
**Total Body Fitness**  
**Ab Attack**  
**Cardio Meltdown**  
**Yoga**  
**Zumba**

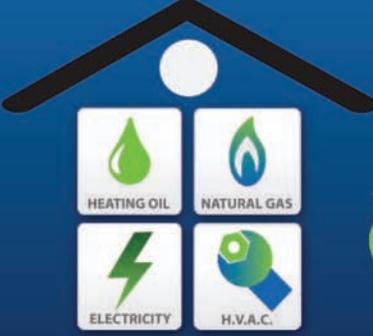
**Body Sculpt**  
**Senior Aerobics**  
**Silver Sneaker Classic**  
**Silver Sneakers Circuit**

*See Aerobic Schedule on page 22.*

Now serving  
**Montgomery  
County**



610.467.9000  
[shipleenergy.com/montco](http://shipleenergy.com/montco)



**ALL UNDER  
ONE ROOF**



**ShipleEnergy™**



# \$5.00 OFF

a purchase of \$50 or more

Savings redeemable with this coupon, your club card and the purchase of \$50.00 or more. Excludes postage stamps, money orders, milk, cream, lottery tickets, cigarettes, tobacco products, gift cards, alcoholic beverages, gasoline purchases, prescriptions, phone and utility payments, Western Union and where prohibited by law. Limit one coupon per family. Not combinable with other basket offers in the same transaction. Void if reproduced.

Offer Good Thru 9/30/14



weis

200 West Ridge Pike,  
Conshohocken

## OUR BRANDS

We hold our brands to the highest quality standard to make sure that they are equal to or better than the national brand - at a fraction of the cost. We're so sure of it, each and every Weis product is Satisfaction Guaranteed. Look for these brands throughout our store!



TopCare®



## natural & organic

## gluten free

Discover a wide variety of natural and organic choices in dairy, meat, packaged foods and throughout our store. Visit our produce department to explore over 100 organic fresh and pre-packaged products. Look for the USDA Organic symbol to know that you're buying a certified organic product.



Are you looking for gluten free products? We offer a wide selection of gluten free cereals, breads, pastas, snack foods, frozen foods and more!



Phone: 610-276-1010

Hours: Monday thru Friday, 9 am to 9 pm

Saturday, 9 am to 7 pm; Sunday, 11 am to 3 pm

200 West Ridge Pike, Conshohocken • Phone: 610-276-1000 • Hours: 6 am to 12 am, 7 days a week

[www.weismarkets.com](http://www.weismarkets.com)

We reserve the right to limit quantities. • Not responsible for typographical or pictorial errors.

## FALL GROUP EXERCISE SCHEDULE 2014 Land Aerobics (September 2 - December 21)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00am - 6:55am		TNT (TBA)		TNT (Ben)		
9:00am - 9:55am		SilverSneakers Circuit (Meg)		SilverSneakers Circuit (Meg)		
10:00am - 10:45am		Total Body Fitness (Eileen)		Total Body Fitness (Eileen)		
10:15am - 11:10am	Senior Aerobics (Dorothy)		Senior Aerobics (Kim)		Senior Aerobics (Meg)	
11:15am - 12:15pm	SilverSneakers Classic (Dorothy)		SilverSneakers Classic (Kim)			
5:30pm - 5:55pm		Ab Attack (Sarah)		Ab Attack (Sarah)		
5:30pm - 6:25pm	TNT (Sarah/Roseann)		TNT (Sarah/Roseann)			
6:00pm - 6:55am		Cardio Meltdown (Nicole)		Cardio Meltdown (Nicole)	Zumba Toning (Laura L.)	
6:30pm - 7:25pm	Yoga (Roseann)		Yoga (Laura D.)			
7:00pm - 7:55pm		Zumba (Laura L.)				

**PAYMENT OPTIONS - All land aerobic classes are included in the price of your one-month and annual passes**

**Walk-in Price:** This payment option is best for those who cannot commit to multiple classes or would like to try a class for the first time. • **Non-Residents: \$11 and Residents \$9**

## Water Aerobics (September 2 - December 21)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00am - 9:55am	Deep Water (Terry)	Deep Water (Bill)	Deep Water (Mary Ann)	Deep Water (Bill)	Deep Water (Rose)	Deep Water (Peggy)	
10:00am - 10:45am	SilverSneakers Splash (Terry)	SilverSneakers Splash (Bill)	SilverSneakers Splash (Mary Ann)	SilverSneakers Splash (Bill)	SilverSneakers Splash (Rose)		
11:00am - 12:15pm							Adult Swim Training (Peggy)
6:00pm - 6:45pm		Deep Water (Peggy)	Deep Water Run Conditioning (Rose)	Deep Water (Peggy)			
7:00pm - 7:45pm	Deep Water (Terry)		Deep Water (Rose)				
7:45pm - 9:00pm		Adult Swim Training (Gina)					

### PAYMENT OPTIONS

**Premium Annual Card:** Allows you to attend any water exercise class you wish. The card expires one year from the date of purchase. Electronic Funds Transfer monthly payment option available.

**Non-Resident \$817 (\$68.08/month) and Residents: \$700 (\$58.33/month)**

**10-Class Punch Pass:** This punch pass can be used for any water exercise class. Punch passes expire one year from the date of purchase. Non-Residents \$95, Residents: \$75

**Walk-in Price:** This payment option is best for those who cannot commit to multiple classes or would like to try a class for the first time. • **Non-Resident \$11/class • Residents \$10/class**

# Parks and Recreation

## GPCC BUILDING IMPROVEMENTS



Improvements were made to the GPCC during shut down week in August; some you may have noticed and others you may have not. We are pleased to have replaced our old lockers in the Women's and Men's locker rooms. We hope you like them. No maintenance soffit panels were installed in the outside entrance canopy. These will also keep the birds from entering the building. Two new Poolpaks were installed which condition the environment in the Aquatics Center and will provide a more comfortable atmosphere.

We also upgraded the building energy management system which maintains the HVAC units and lighting. This should keep the temperature throughout the building more consistent and save on energy costs. Throughout the year and at shut down week, we work to maintain and upgrade the building, its systems and our programs to keep things fresh for everyone who patronizes the GPCC.



## Thank You to our Sponsors

Plymouth Township gratefully acknowledges the generosity and support of the businesses and individuals who have placed advertisements in our newsletter. Plymouth Township Tidings has been designed and printed at no cost to our taxpayers. We encourage you to patronize these businesses as they play a substantial role in the economic vitality of our community.

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## Aquatic Programs

### NEW! CHECK OUT THE LATEST ADVANCEMENTS IN GPCC SWIM LESSON PROGRAM

The GPCC has been offering swim lessons to the community and beyond for over a decade. Over the past month we have reached out to our swim lesson patrons both current and past to ask for suggestions. With everyone's contributions we were able to revamp aspects of our program to better fit your needs!

- Class sizes for the beginner level lessons will be smaller. Ratio of instructor to participant will be 4 to 1 so swimmers will get more time in the water practicing.
- We are now offering an accelerated swim lesson program which allows participants to enroll in multiple lessons per week and receive a discount off each additional class. Taking lessons once a week is great but we know progress can be a little slow so we want our participants to have the flexibility to take as many lessons per week as they would like.
- Our instructors will go through a more thorough training so they are better equipped with the skills to instruct more efficiently.
- We understand it is hard to decide in which level to place your son or daughter. We are now offering swim evaluations run by our experienced instructors prior to each session so you know where to begin.

*We want to thank everyone who completed our swim lesson survey and helped us put these new recommendations into action for this upcoming fall session! Session starts Monday, September 15th and registration will open in mid-August. You can register online, over the phone, or in person. Even though this summer is almost over it's never too early to start practicing for next year. Practice makes perfect.*

*For a complete class listing, check out Leisure Visions on our website.*

**HOPE TO SEE YOU THIS UPCOMING SESSION!**

### Pool-O-Ween – An annual fall favorite

Frighteningly fun, Pool-O-Ween is an annual fall favorite. The entire aquatics center is transformed into an eerie water playground with music provided by DJ Light & Sound. The lights are low, creepy creatures will be wandering the pool deck and there are glow necklaces for all. The event will end with a huge candy scramble - where bags of candy will be thrown into the pool for the children to gather up and take home.

**Friday, 10/24:** 7:30 p.m. - 9:30 p.m.

**Price:** \$10/pp

\$30 for family of 4

### Flick & Float – Featuring *The Lego Movie*

Swim, float, & splash in the leisure pool while watching this classic on a huge screen. The doors open at 6:00 pm with music, glow necklaces, & photos (Don't forget your camera!). Movie begins at 6:30 p.m.

**Friday, 11/7:** 6:00 p.m. - 9:00 p.m.

**Price:** \$10/pp

\$30 for family of 4



### It's never too early or too late to learn how to swim!

The GPCC offers swim lessons year round for all ages and abilities. All lessons are taught by American Red Cross certified Water Safety Instructors. Our group lessons offer a low student-to-instructor ratio. We also offer private lessons for children and adults personalized to meet individual needs. Visit our website or Leisure Visions for a complete listing. Classes fill quickly, so register today!

# Plymouth Township Directory



## Plymouth Township Municipal Building

700 Belvoir Road, Plymouth Meeting, PA 19462

610-277-4100 • 610-277-4313 fax

Monday - Friday 8:00 A.M. - 4:00 P.M.

Website: [www.plymouthtownship.org](http://www.plymouthtownship.org)

E-Mail: [plymouth@plymouthtownship.org](mailto:plymouth@plymouthtownship.org)

Comcast Cable Channel 22 • Verizon Cable Channel 43



### 2013 PLYMOUTH TOWNSHIP COUNCIL

District 2:	Sheldon Simpson, Chair	610-275-3369
District 4:	Lenore Bruno, Vice-Chair	610-397-1553
District 1:	Dean N. Eisenberger, Sr.	484-681-4176
District 3:	Martin J. Higgins	610-277-4721
At Large:	Ron Trask	215-804-8323

### DIRECT PHONE LINES

In order to expedite your call, please remember to dial the department responsible for your request or information.

Karen B. Weiss	Township Manager	610-233-0608
Christopher J. Loschiavo	Director of Public Works	610-233-0566
James Wallace	Director of Code Enforcement	610-233-0589
Timothy J. Creelman	Finance Director	610-233-0600
Joseph Lawrence	Chief of Police	610-277-4324
Mike Estock	Public Works Foreman	610-233-0559
Andrew C. Mount	Fire Marshal/Emergency Management	610-277-4311
Karen S. Franck	Parks & Recreation Director	610-277-4312
G. Philip Brady	Asst. Parks & Rec. Director	610-277-4312
Richard Carbo	Building & Grounds Director	610-313-8684

**EMERGENCY NUMBERS-Police, Fire, Rescue, Ambulance** 9-1-1

### NON-EMERGENCY NUMBERS

Police	610-279-1901
Plymouth Fire Co.	610-233-0602
Harmonville Fire Co.	610-828-0836
Plymouth Ambulance	610-277-2776
Sewer Emergency	
Day 610-277-4105	Night 610-279-1901

### PUBLIC MEETING SCHEDULE

All meetings are held at the Township Municipal Building, 700 Belvoir Road, Plymouth Meeting, unless otherwise noted. For specific meeting times, please call 610-277-4100.

- **Council Meeting** (Workshop) 1st Monday
- **Council Meeting** (Public Session) 2nd Monday
- **Emergency Services Board** 3rd Thursday  
- January, March, May, July, September & November
- **E. Norriton-Plymouth-Whitpain Joint Sewer Authority** 2nd Wednesday  
- Meetings held at Sewer Plant. No meeting in July & December.
- **Historical Architectural Review Board** 2nd Wednesday  
- Meetings held at Whitemarsh Township Building.
- **Park, Recreation & Shade Tree Advisory Board** 4th Tuesday  
- Meetings held at Greater Plymouth Community Center. Call 610-277-4312 to confirm.
- **Civil Service Commission** 2nd Thursday
- **Planning Agency** 1st Wednesday
- **Zoning Hearing Board** 3rd Monday
- **Environmental Advisory Board** 3rd Tuesday

### PLYMOUTH TOWNSHIP VOTING LOCATIONS

**General Election Day** Tuesday, November 4, 2014

If you have any questions, please call Plymouth Township or Montgomery County Voter Services at (610) 278-3280.

DISTRICT	LOCATION
1 - 1	National Armory, 1046 Belvoir Road
1 - 2	National Armory, 1046 Belvoir Road
2 - 1	Plymouth Community Ambulance Building, 902 East Germantown Pike
2 - 2	Plymouth Township Municipal Building, 700 Belvoir Road
2 - 3	Harmonville Fire Station 904, Germantown Pike
3 - 1	Greater Plymouth Community Center, 2910 Jolly Road
3 - 2	Plymouth Elementary School, 542 Plymouth Road
3 - 3	Church on the Mall, Plymouth Meeting Mall
4 - 1	Ridge Park Elementary School, Karrs Lane & Little Avenue
4 - 2	Plymouth Fire Company, 1323 Colwell Lane



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